



Fitness Website

Full Stack Web Development Project



EVOFIT

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Introduction

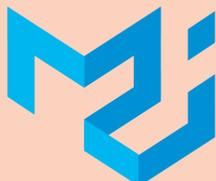
The world is becoming increasingly health-conscious, with more and more people recognizing the importance of maintaining a healthy lifestyle through regular exercise. As a result, the fitness industry has grown exponentially in recent years, with countless individuals looking for information on the best exercises to perform to achieve their fitness goals.

Objective

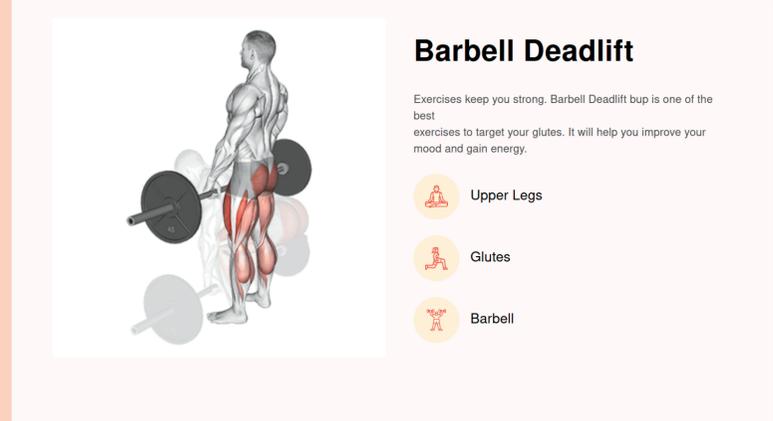
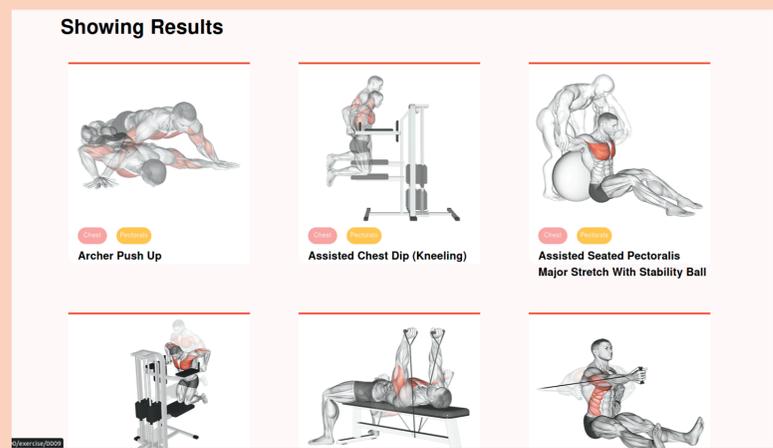
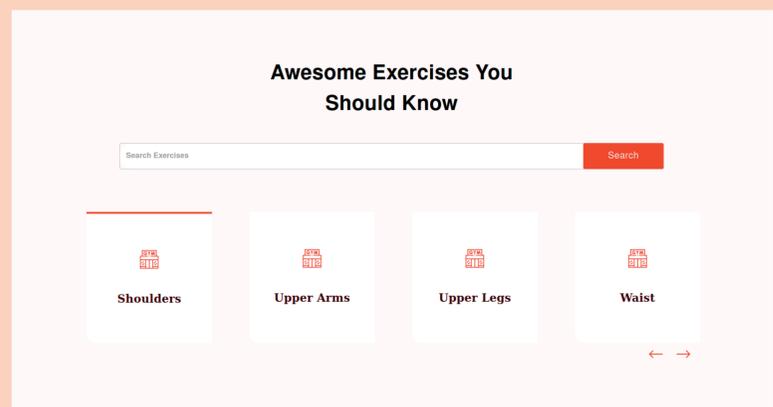
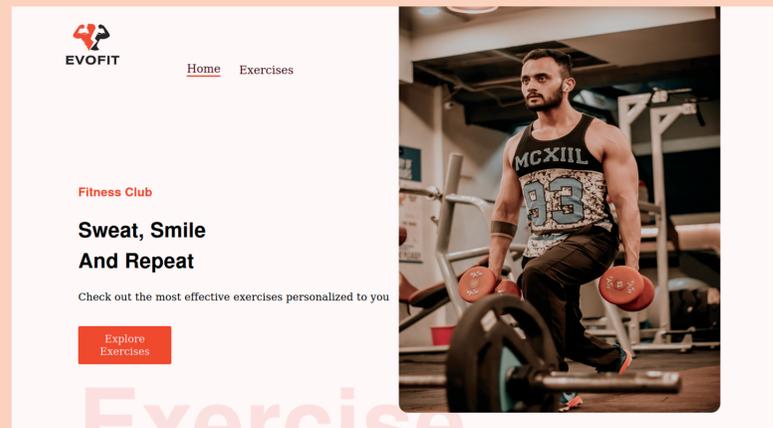
The main objective of the fitness website is to provide users with a comprehensive and user-friendly resource for improving their fitness levels. The website achieves this objective by offering a range of features designed to help users achieve their fitness goals, including:

1. Different Exercises for Every Muscle Group
2. Recommendations for Similar Exercises
3. Video Tutorials
4. User-Friendly Interface
5. Responsive Design

Technologies Used



Result



Future Work

1. Diet Plans
2. Workout Challenges
3. Community Challenges
4. Progress Tracking

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